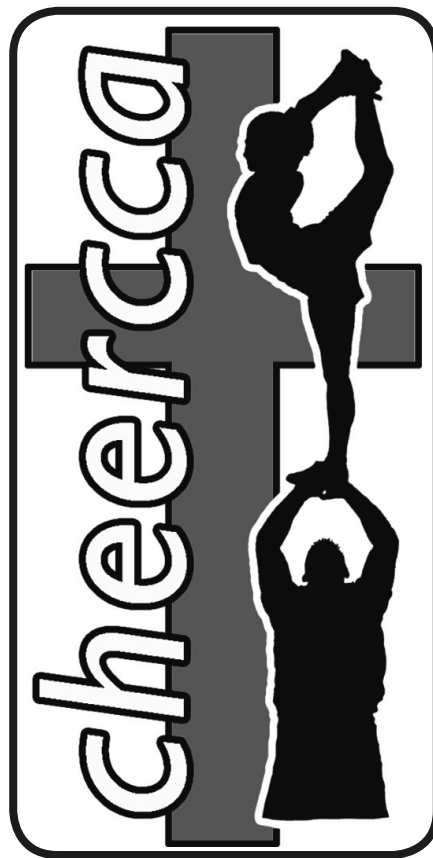


Safety, Guidelines, Divisions & Score Sheets

2012
CCA
CHRISTIAN
CHEER
NATIONALS



CCA CHEER COMPETITION REGULATIONS

BASED ON AACCA RULES. IF RULES CONFLICT, AACCA TAKES PRECEDENCE. All non-stunting/non-tumbling rules apply to All Star Teams also.

GENERAL ROUTINE GUIDELINES

NON-MUSIC ROUTINES

- ~ Non-music routines should not include any music. - Non-music routines should be a **minimum of 1:00 minute**, with a 5 point penalty if under 1:00 minute, and a **maximum time is 2:00**, with 5 point penalty if over 2:00 minutes. Time begins with the first word or organized motion and ends with the last word of the cheer or organized motion officially performed on the floor. "Spiriting" on and off is not timed or judged. A 5 second grace period is allowed for human error.
- ~ Content of routines must include at least one crowd oriented cheer. Jumping, tumbling, stunting and transitions can and should be included. Check judging sheets to appropriate material accordingly.
- ~ All participants and coaches should read, and coaches are required to sign, the enclosed "CCA Music, Moves, & Dress Policy". **Any violation will result in DISQUALIFICATION without refund.**
- ~ Competition will be held on a regulation (54'x42') competition spring floor. There is a 5 pt out of bounds penalty per violation.
- ~ There will NOT BE any lines on this mat to help with your positioning except for one center marking. Please practice accordingly. PLEASE NOTE that a 5 point safety infraction will be assessed each time a squad member comes off the mat during the actual competition routine. Signs, poms or mascots in costume that come off the mat will not constitute a team penalty.
- ~ Teams may compete in non-music and/or music divisions with no additional charge. You may also compete in any division in which you qualify (see division guidelines sheet enclosed) for a \$10 per person cross-over fee. Each routine must be different than the others during at least 1:30 of performance. Example: different stunt, different or no music.
- ~ Competition adheres to AACCA Safety Rules for School, College, EMPOWER (Church, Rec, community/club teams), Home School teams. Please be sure you have a copy of the AACCA rules for reference. Rules can be located at www.aacca.org.
- ~ Any team or individual not adhering to the High School AACCA Safety Guidelines provided will be assessed penalties of 5 and/or 10 points per infraction, depending on the violation (see enclosed safety deduction score sheet).
- ~ Competition spotters will be provided and are required.

MUSIC ROUTINES

- ~ Music routines should include music that does not exceed 1:30. The other 1:00 is reserved for the cheer portion.
- ~ Music routines should be a **minimum of 1:00 minute** with a 5 point penalty if under 1:00, and a maximum time of 2:30 minutes with a 5 point penalty if over 2:30.
- ~ Time begins with first word of cheer or beat of music in routine and ends on last word of cheer or beat of music officially performed on the floor. "Spiriting" on and off is not timed or judged. A 5 second grace period is allowed for human error.
- ~ Failure to follow music time will result in a 5 point penalty for music portion and/or Total time.
- ~ Your team is responsible for appointing someone to run your music on CCA equipment during your performance time.
- ~ Each team competing in more than one division must be sure at least 1:30 of their routine is different from their other routine. Failure to do so will result in a **15 point penalty**.
- ~ What constitutes "Different"? a) different stunt sequence b) different transition c) different cheer d) with music is considered to be "different" than no music.
- ~ One crowd oriented cheer required. Balance of routine should include all other cheerleading skills. Teams will be judged on motions and voice and will need to include a non-music portion for this purpose.
- ~ All participants and coaches should read, and coaches are required to sign, the enclosed "CCA Music, Moves, & Dress Policy". **Any violation will result in DISQUALIFICATION without refund.**
- ~ Competition will be held on a regulation competition (54'x42') spring floor, a 5 point out of bounds penalty per violation will be assessed for stepping out of bounds.
- ~ There will NOT BE any lines on this mat to help with your positioning except for one center marking. Please practice accordingly. PLEASE NOTE that a 5 point safety infraction will be assessed each time a squad member comes off the mat during the actual competition routine. Signs, poms or mascots in costume that come off the mat will not constitute a team penalty.
- ~ Teams may compete in non-music and/or music divisions with no additional charge. You may also compete in any division in which you qualify (see division guidelines sheet enclosed) for a \$10 per person cross-over fee.

MUSIC ROUTINES CONTINUED

- ~ Competition adheres to AACCA Safety Rules for School, College, EMPOWER (Church, Rec, community/club teams), Home School teams. Please be sure you have a copy of the AACCA rules for reference. Rules can be located at www.aacca.org.
- ~ Competition spotters will be provided and are required.
- ~ Any team or individual not adhering to the High School AACCA Safety Guidelines provided will be assessed penalties of 5 and/or 10 points per infraction, depending on the violation (see enclosed safety deduction score sheet).
- ~ **ALL MUSIC must be mailed or emailed (info@cheercca.com) in a .mp3 or .wav file format to the CCA office at least 3-4 weeks in advance of competition the date for review and approval. A \$25 fee will be assessed if music has to be reviewed at competition for any changes that were made and not re-approved by CCA. Once CCA disapproves music, it MUST be re-approved again before it can be used. CCA cannot approve music at competition. We ask and recommend that you email songs/artists that you want in your mix prior to mixing music for pre-approval.**

STUNT-A-THON / PARTNER STUNT

- ~ The stunt-a-thon is a partner stunt competition. You may have a minimum of 2 people(+spotter) and a maximum of 5 people in the competition.
- ~ **ALL MUSIC must be mailed or emailed (info@cheercca.com) in a .mp3 or .wav file format to the CCA office at least 3-4 weeks in advance of competition the date for review and approval. A \$25 fee will be assessed if music has to be reviewed at competition for any changes that were made and not approved by CCA. Once CCA disapproves music, it MUST be re-approved again before it can be used. CCA cannot approve music at competition. We ask and recommend that you email songs/artists that you want in your mix prior to mixing music for pre-approval.**
- ~ Stunt-a-thon competition will be held on a regulation competition (54'x42') spring floor. Time limit for stunt competition must be no more than 1:00 with a 5 point deduction being taken for over time.
- ~ One male allowed in Non-Coed. Two males is Coed.

SOLO & DUO DIVISIONS

- ~ Solo competition consists of a one minute oral Christian testimony including salvation experience, what the Lord means to you and how He is working in your life. Using a favorite scripture is encouraged. You will be notified when 50 seconds have elapsed and time will be called for ending at ONE MINUTE of testimony. Points will be deducted for going overtime. (See score sheet)
- ~ **SOLO TUMBLING** - A tumbling routine is a 1:00 minute cheerleading routine showing cheer(s), chant(s), tumbling, jumps, whatever skills are YOUR BEST!
- ~ No specific requirements except to include a crowd cheer with motions.
- ~ Signs, pom and megas are acceptable.
- ~ You may use music (music must be approved as with team music) for all or part of your cheer routine.
- ~ Check Solo Tumbling Division Score Sheet to see how points are allocated.
- ~ **SOLO NON-TUMBLING** - A non-tumbling routine is a 1:00 minute cheerleading routine showing cheer(s), chant(s), jumps with the following tumbling skills allowed: forward/backward and side rolls, cartwheels, front/back walk-overs, and round-offs **ONLY!** Any other tumbling skills performed in Non-Tumbling Division will result in DISQUALIFICATION!
- ~ Follows the same guidelines as Tumbling division for other requirements.
- ~ Also check Solo Non-Tumbling Division Score Sheet to see how points are allocated.
- ~ **DUO TUMBLING** - A Duo routine is a 1:30 minute cheerleading routine (1:00 minimum; 1:30 maximum) showing cheer(s), chant(s), tumbling, jumps, whatever skills are YOUR BEST!
- ~ Verbal Christian testimony is not required for Duos.
- ~ There are no specific requirements except to include a crowd cheer with motions.
- ~ Signs, pom and megas are acceptable.
- ~ You may use music (music must be approved as with team music) for all or part of your cheer routine.
- ~ Check the Duo Division Score Sheet to see how points are allocated.

DUO DIVISION CONTINUED

- ~ **DUO NON-TUMBLING DIVISION** - A non-tumbling routine is a 1:30 minute cheerleading routine showing cheer(s), chant(s), jumps with the following tumbling skills allowed: forward/backward and side rolls, cartwheels, front/back walk-overs, and round-offs **ONLY!** Any other tumbling skills performed in Non-Tumbling Division will result in DISQUALIFICATION!
- ~ Follows the same guidelines as Tumbling division for other requirements.
- ~ Also check Solo Non-Tumbling Division Score Sheet to see how points are allocated.

ALL STAR / COLLEGE ROUTINES ~

- ~ All Star & College maximum time is 2:30 of which all or part may be music. 5 point penalty for overtime after 5 second grace period.
- ~ \$10 Cross-over Fee per person if participant is in more than one division.
- ~ All participants and coaches should read, and coaches are required to sign, the enclosed "CCA Music, Moves, & Dress Policy". **Any violation will result in DISQUALIFICATION without refund.**
- ~ **ALL MUSIC must be mailed or emailed (info@cheercca.com) in a .mp3 or .wav file format to the CCA office at least 3-4 weeks in advance of competition the date for review and approval. A \$25 fee will be assessed if music has to be reviewed at competition for any changes that were made and not approved by CCA. Once CCA disapproves music, it MUST be re-approved again before it can be used. CCA cannot approve music at competition. We ask and recommend that you email songs/artists that you want in your mix prior to mixing music for pre-approval.**
- ~ Competition will be held on a regulation competition (54'x42') spring floor. 5 point out of bounds penalty per violation.
- ~ Competition adheres to USASF Safety Guidelines by Levels for All Stars teams and AACCA College rules for College teams.
- ~ Please be sure you have a copy of the USASF Safety Guidelines in your level for All Stars or AACCA College Safety Rules for reference.
- ~ Competition spotters will be provided and are required.

INTERRUPTIONS

- ~ If an injury occurs during performance and the team is required to stop mid-performance, then the team will be allowed to start over (after determination is made by a competition official with medical training or a trainer/physician as to whether the participant can continue or not) with no penalty...either with or without the injured participant.
- ~ If, in the competition official's opinion, a squad's performance is hindered because of technical difficulty with competition equipment, the squad will be allowed to perform routine again with no penalty.
- ~ If interruption is a result of team error, team may start over with time penalty.

MUSIC REMINDER

- ~ **ALL music must be pre-approved by CCA.**
- ~ **FINAL music mixes must be approved by Feb 3, 2012. Music reviewed after this date is subject to a \$25 review fee per mix.**
- ~ **Please make sure that the person mixing your music has the CCA Music policy.**
- ~ **It is recommended that you submit all songs/artists to be included in your mix to CCA by email prior to mixing music for pre-approval.**
- ~ **Listing of songs being used in mix, and mixes (when ready for review), should be submitted to info@cheercca.com.**
- ~ **When submitted, music mix should be labeled with School/Team Name & Division.**
- ~ **Music mixes should be emailed in .wav or .mp3 format.**

CCA CHEER COMPETITION REGULATIONS cont.

BASED ON AACCA RULES. IF RULES CONFLICT, AACCA TAKES PRECEDENCE.

GENERAL ROUTINE GUIDELINES - NOVICE DIVISIONS

NOVICE DIVISIONS

~ Division levels are the same as for regular school divisions (i.e. Elem, JH, Var, etc.).
~ Size breakdowns are the same as for other school divisions (i.e. Sm, Med, Lg).
~ Music/Non-Music rules are the same as for other school divisions (see specific Music and Non-Music guidelines listed above).
~ AACCA safety rules apply the same as for other school divisions. Refer to www.aacca.org for listing of school rules.
~ NO stunts above shoulder level. Elevator MUST have front spot/assist, as well as back spot.
~ Only tumbling allowed: front/back/side rolls, cartwheels, front/back walkovers, round-offs. **NO** handsprings allowed.
~ **NO** twist cradle dismounts allowed.

NON-BUILDING DIVISION

~ Division levels are the same as for regular school divisions (i.e. Elem, JH, Var, etc.).
~ Size breakdowns are the same as for other school divisions (i.e. Sm, Med, Lg).
~ Music/Non-Music rules are the same as for other school divisions (see specific Music and Non-Music guidelines listed above).
~ AACCA safety rules apply the same as for other school divisions. Refer to www.aacca.org for listing of school rules.
~ **NO STUNTS** of any level/kind are allowed in this division.
~ ALL tumbling is allowed in this division.

Call TODAY to register for CCA Nationals!
1.877.243.3722

SPECIAL - Save \$30 per TEAM, buy registering for Regionals, Classics and Nationals!

MUSIC REMINDER

~ ALL music must be pre-approved by CCA.
~ FINAL music mixes must be approved by Feb 3, 2012. Music reviewed after this date is subject to a \$25 review fee per mix.
~ Please make sure that the person mixing your music has the CCA Music policy.
~ It is recommended that you submit all songs/artists to be included in your mix to CCA by email prior to mixing music for pre-approval.
~ Listing of songs being used in mix, and mixes (when ready for review), should be submitted to info@cheercca.com.
~ When submitted, music mix should be labeled with School/Team Name & Division.
~ Music mixes should be emailed in .wav or .mp3 format.

NEW! EMPOWER DIVISION

EMPOWER

"and ye shall receive power"

Introducing a new category/program classification entitled EMPOWER. You will see the reason/purpose below. This is designed for those who truly want to be a part of a cheerleading ministry outside of the school or all star setting such as churches, communities and rec. leagues. It will also give definition to some teams that are really not school teams and really not all star teams and want to compete on level ground. It may be an exciting ministry for you! Very soon we will branch out to include Praise Performance Teams also.

What puts you into the EMPOWER category.

- A. A team formed under the auspices of a church for the purpose of providing the activity of cheerleading or Praise Performance as an outreach for their church youth.
 - a. May or may not cheer at church league type ball games.
 - b. Participants do not have to be a member of the church or attend the sponsoring church as the mission of this type program is to reach the un~churched and bring in new people using the common interest of cheerleading for the purpose of evangelism and discipleship
- B. A recreation league formed from community/area for the purpose of cheerleading. Formed under a specific rec. league organization for the purpose of cheerleading. Almost always cheers for a rec league team but not required.
- C. These two type teams will follow AACCA National Safety Rules for CCA Competition events and game cheering if any.
- D. CCA will assist in setting up these teams for training, uniforms, competitions, etc as needed. There will be a package price for this assistance including all aspects of the program.
- E. These teams would qualify to enter the Empower Division at CCA competitions and also the All Star Divisions, paying only the crossover fees and abiding by all star divisions and rules in that division. All Star teams may not enter the Empower Division unless they meet the above qualifications.

For printed AACCA School, EMPOWER and/or College Rules, refer to www.aacca.org

For printed USASF Rules, refer to www.usasf.net

To receive a ruling on CCA Rules/Guidelines call 1.877.cheercca (243-3722)

COMPETITION DIVISIONS AND LEVELS FOR EMPOWER

Empower routines can be part or all music ;
all compete in same division.

DIVISIONS

Tiny: Ages 6 and below by August 31~ Level Tiny
Youth: Ages 10 and below by August 31 – Levels One and Two
Junior: Ages 14 and below by August 31 – Levels One, Two and Three
Senior: Ages 18 and below by August 31 – Levels Two and Three

EMPOWER Tiny Level:

Stunts: Below shoulder level. No shoulder level stunts allowed
Tumbling: Rolls, Cartwheels, Roundoffs only

EMPOWER Level One:

Stunts: Below shoulder level. May do assisted elevator at shoulder level with spotter in front and back for building and cradling.
Tumbling: Rolls, Cartwheels, Roundoffs only

EMPOWER Level Two:

Stunts: Shoulder Level Stunts. No extended stunts except double based extension with spotter in front and back.
Tumbling: Walkovers, Standing Back Handsprings, Running Back Handsprings and series.

EMPOWER Level Three:

Stunts: Extended stunts and all stunts allowed by AACCA for high school
Tumbling: All tumbling allowed by AACCA for high school
NOTE: Empower JR Division MAY do basket tosses because ages in the JR division may include participants above Jr Hi level in school divisions.

Male & female participants allowed in all Empower divisions. Only considered Co-Ed if in Senior division.

CCA DIVISION CHARTS

In order to determine your Division please refer to these

CCA & USASF Division Charts

The divisions listed below will be split into "Small" (5-20) and "Large" (21-32/36) if there will be at least 2 teams in each of the "Small" and "Large" divisions.

2011-2012 USASF CHEER DIVISIONS	Age as of August 31, 2011		# ON SQUAD	USASF Level
	AGE	GENDER		
Tiny Cheer	5 yrs & younger	Female / Male	5 - 32	1
Mini Cheer	8 yrs & younger	Female / Male	5 - 32	1, 2, 3
Youth Cheer <small>* New Restricted Youth for level 5</small>	11 yrs & younger	Female / Male	5 - 32/36	1, 2, 3, 4, 5
Junior Cheer	14 yrs & younger	Female / Male	5 - 32	1, 2
Junior Cheer	14 yrs & younger	No Males	5 - 32/36	3, 4, 5
Junior Co-Ed Cheer	14 yrs & younger	1 or more Males	5 - 32/36	3, 4, 5
Senior Restricted/Open Cheer <small>(special tumbling restrictions apply)</small>	18 yrs & younger	Limit 0 - 4 Males	5 - 36	5
Senior Cheer	18 yrs & younger	Female / Male	5 - 32	1, 2, 4, 2
Senior Cheer	18 yrs & younger	No Males	5 - 32	3, 4
Senior Co-Ed Cheer	18 yrs & younger	1 or more Males	5 - 32	3, 4
Senior Cheer #	12 - 18 yrs	No Males	5 - 36	5
Senior Small Co-Ed Cheer	12 - 18 yrs	1 - 4 Males	5 - 20	5
Senior Medium Co-Ed Cheer	12 - 18 yrs	1 - 6 Males	5 - 30	5
Senior Large Co-Ed Cheer	12 - 18 yrs	5 - 18 Males	5 - 36	5
International Open Cheer	14 yrs & older	No Males	5 - 24	5
International Open Co-Ed Cheer	14 yrs & older	1 - 12 Males	5 - 24	5
International Open Cheer	17 yrs & older	No Males	5 - 24	6
International Open Co-Ed Cheer	17 yrs & older	1 - 12 Males	5 - 24	6
Special Needs Cheer	Any Age	Female / Male	Unlimited	6

SOLO DIVISIONS for 2011-2012

Cheer Divisions	Grade
Mini Solo Tumbling	• 2nd grade & younger
Mini Solo Non-Tumbling	• 2nd grade & younger
Youth Solo Tumbling	• 3rd - 5th grade
Youth Solo Non-Tumbling	• 3rd - 5th grade
Middle Sch Solo Tumbling	• 6th - 8th grade
Middle Sch Solo Non-Tumbling	• 6th - 8th grade
Freshman Solo Tumbling	• 9th grade
Freshman Non-Tumbling	• 9th grade
Sophomore Solo Tumbling	• 10th grade
Sophomore Solo Non-Tumbling	• 10th grade
Junior Solo Tumbling	• 11th grade
Junior Solo Non-Tumbling	• 11th grade
Senior Solo Tumbling	• 12th grade
Senior Solo Non-Tumbling	• 12th grade

DUO DIVISIONS for 2011-12

(based on oldest competitor in Duo)

Cheer Divisions	Grade
Mini Duo	• 2nd grade & younger
Youth Duo	• 3rd - 5th grade
Middle Sch Duo	• 6th - 8th grade
Freshman Duo	• 9th grade
Sophomore Duo	• 10th grade
Junior Duo	• 11th grade
Senior Duo	• 12th grade

ALL STAR STUNT-A-THON DIVISIONS for 2011-12

Cheer Divisions	Age
<small>*Maximum 2 Males in group</small>	(as of Aug 31)
Tiny All Star Stunt*	• 5 yrs & younger
Mini All Star Stunt*	• 8 yrs & younger
Youth All Star Stunt*	• 11 yrs & younger
Junior All Star Stunt*	• 14 yrs & younger
Senior All Star Stunt*	• 12-18 yrs

SCHOOL / EMPOWER STUNT-A-THON DIVISIONS for 2011-2012

Cheer Divisions	Age / Grade
<small>*Maximum 2 Males in group</small>	
Elementary Stunt*	• 3rd grade & below
Intermediate Stunt*	• 5th grade & below
JH Stunt*	• 8th grade & below
JV Stunt*	• 10th grade & below
Varsity Stunt*	• 12th grade & below
Co-ed Stunt	• 10-18 yrs (2-4 Males allowed)
Open Co-ed Partner Stunt	• Open (Male/Female with Spotter)

SCHOOL DIVISIONS

(Christian School, Private School, Public School)

- Small Elementary
(3rd grade & below, 9 members max)
- Large Elementary
(3rd grade & below, 30 members max)
- Small Intermediate
(5th grade & below, 9 members max)
- Large Intermediate
(5th grade & below, 30 members max)
- Small Jr High
(8th grade & below, 9 members max)
- Large Jr High
(8th grade & below, 30 members max)
- Jr High Non-Building
(8th grade & below, 30 members max)
- Small Jr Varsity
(10th grade & below, 9 members max)
- Large Jr Varsity
(10th grade & below, 30 members max)
- Coed Jr Varsity
(10th grade & below, 30 members max)
- Jr Varsity Non-Building
(10th grade & below, 30 members max)
- Small Varsity
(12th grade & below, 8 members max)
- Medium Varsity
(12th grade & below, 12 members max)
- Large Varsity
(12th grade & below, 30 members max)
- Coed Varsity
(12th grade & below, 30 members max)
- Varsity Non-Building
(12th grade & below, 30 members max)
- Novice Divisions
offered at Jr High, JV & Varsity Levels

EMPOWER DIVISIONS

- Tiny (Lev Tiny)
(6 years & below by Aug 31)
- Youth (Lev One & Two)
(10 years & below by Aug 31)
- JR (Lev One, Two, & Three)
(14 years & below by Aug 31)
- SR (Lev Two & Three)
(18 years & below by August 31)

NON-MUSIC DIVISION SCORE SHEET

NON-MUSIC

**Christian
Cheerleaders
of America**



Judge: _____
Event: Regionals
Classics
Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
CHEER MOTIONS 10	Creativity	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Placement <input type="checkbox"/> Sharpness	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
JUMPS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Height <input type="checkbox"/> Form in air <input type="checkbox"/> Landings	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
PARTNER STUNTS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
PYRAMIDS &/OR TOSSES* 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts / Ht	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
<small>*for JrHi Teams judge pyramids only (tosses not permitted)</small>					
TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Incorporation	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
TRANSITIONS 10	Seamless flow of routine, Spacing, Timing	10	<input type="checkbox"/> Smooth Flow <input type="checkbox"/> Use of floor <input type="checkbox"/> Formations	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Tr
CHOREOGRAPHY 10	Creativity, Variety Use of skills, & floor	10	<input type="checkbox"/> Visuals /Levels <input type="checkbox"/> Creativity <input type="checkbox"/> Use of skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Ch
CROWD APPEAL 15	Crowd oriented material, Genuine spirit	15	<input type="checkbox"/> Spirit <input type="checkbox"/> Voices <input type="checkbox"/> Crowd Oriented	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
OVERALL 15	Energy level, Showmanship, Perfection of routine	15	<input type="checkbox"/> Energy level <input type="checkbox"/> Showmanship <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

TOTAL SCORE
100

MUSIC DIVISION SCORE SHEET

MUSIC

**Christian
Cheerleaders
of America**



Judge: _____
Event: Regionals
Classics
Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
CHEER MOTIONS 10	Creativity	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Placement <input type="checkbox"/> Sharpness	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
MUSIC MOTIONS 10	Originality	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Precision <input type="checkbox"/> Use of music	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
JUMPS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Height <input type="checkbox"/> Form in air <input type="checkbox"/> Landings	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
PARTNER STUNTS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
PYRAMIDS &/OR TOSSES 10 <small>*for JrHi Teams judge pyramids only (tosses not permitted)</small>	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts / Ht	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Incorporation	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
TRANSITIONS 10	Seamless flow of routine, Spacing, Timing	10	<input type="checkbox"/> Smooth Flow <input type="checkbox"/> Use of floor <input type="checkbox"/> Formations	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Tr
CHOREOGRAPHY 10	Creativity, Variety Use of skills, music & floor	10	<input type="checkbox"/> Visuals / Levels <input type="checkbox"/> Use of music <input type="checkbox"/> Use of skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Ch
CROWD APPEAL 10	Crowd oriented material, Genuine spirit	10	<input type="checkbox"/> Spirit <input type="checkbox"/> Voices <input type="checkbox"/> Crowd Oriented	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
OVERALL 10	Energy level, Showmanship, Perfection of routine	10	<input type="checkbox"/> Energy level <input type="checkbox"/> Showmanship <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

TOTAL SCORE
100

SOLO NON-TUMBLING SCORE SHEET



Christian Cheerleaders of America



Judge: _____
 Event: Regionals
 Classics
 Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
CHEER / MUSIC MOTIONS 15	Creativity	7	<input type="checkbox"/> Placement	<input type="checkbox"/>	
	Execution	8	<input type="checkbox"/> Sharpness <input type="checkbox"/> Variety	<input type="checkbox"/>	
JUMPS 15	Difficulty / Variety	7	<input type="checkbox"/> Technique	<input type="checkbox"/>	
	Execution	8	<input type="checkbox"/> Height <input type="checkbox"/> Landing	<input type="checkbox"/>	
CHOREOGRAPHY 15	Creativity, Variety Use of skills, music & floor	15	<input type="checkbox"/> Visuals / Levels <input type="checkbox"/> Use of music <input type="checkbox"/> Use of skills	<input type="checkbox"/>	Ch
CROWD APPEAL 20	Genuine spirit, Crowd oriented material	20	<input type="checkbox"/> Spirit <input type="checkbox"/> Facials <input type="checkbox"/> Crowd Oriented	<input type="checkbox"/>	
PERFORMANCE 20	Energy level, Showmanship, Perfection of routine	20	<input type="checkbox"/> Energy level <input type="checkbox"/> Showmanship <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/>	
TESTIMONY 15	Confidence, Clear presentation, Prepared	15	<input type="checkbox"/> Delivery <input type="checkbox"/> Eye contact <input type="checkbox"/> Use of Scripture	<input type="checkbox"/>	
TOTAL SCORE		100			

SOLO TUMBLING SCORE SHEET

SOLO
TUMBLING

**Christian
Cheerleaders
of America**



Judge: _____

Event: Regionals

Classics

Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
CHEER / MUSIC MOTIONS 15	Creativity	7	<input type="checkbox"/> Placement <input type="checkbox"/> Sharpness <input type="checkbox"/> Variety	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	8			
JUMPS 15	Difficulty / Variety	7	<input type="checkbox"/> Technique <input type="checkbox"/> Height <input type="checkbox"/> Landing	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	8			
STANDING TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Technique <input type="checkbox"/> Incorp <input type="checkbox"/> Landing	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
RUNNING TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Technique <input type="checkbox"/> Incorp <input type="checkbox"/> Landing	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
CHOREOGRAPHY 10	Creativity, Variety Use of skills, music & floor	10	<input type="checkbox"/> Visuals / Levels <input type="checkbox"/> Use of music <input type="checkbox"/> Use of skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
CROWD APPEAL 10	Genuine spirit, Crowd oriented material	10	<input type="checkbox"/> Spirit <input type="checkbox"/> Facials <input type="checkbox"/> Crowd Oriented	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
OVERALL 15	Energy level, Showmanship, Perfection of routine	15	<input type="checkbox"/> Energy level <input type="checkbox"/> Showmanship <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
TESTIMONY 15	Confidence, Clear presentation, Prepared	15	<input type="checkbox"/> Delivery <input type="checkbox"/> Eye contact <input type="checkbox"/> Use of Scripture	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

TOTAL SCORE

100

DUO NON-TUMBLING

SCORE SHEET



**Christian
Cheerleaders
of America**



Judge: _____
Event: Regionals
Classics
Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
CHEER / MUSIC MOTIONS 20	Creativity	10	<input type="checkbox"/> Placement <input type="checkbox"/> Sharpness <input type="checkbox"/> Variety	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	10			
JUMPS 20	Difficulty / Variety	10	<input type="checkbox"/> Technique <input type="checkbox"/> Height <input type="checkbox"/> Landing	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	10			
CHOREOGRAPHY 15	Creativity, Variety Use of skills, music & floor	15	<input type="checkbox"/> Visuals / Levels <input type="checkbox"/> Use of music <input type="checkbox"/> Use of skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
CROWD APPEAL 15	Genuine spirit, Crowd oriented material	15	<input type="checkbox"/> Spirit <input type="checkbox"/> Facials <input type="checkbox"/> Crowd Oriented	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
OVERALL 15	Energy level, Showmanship, Perfection of routine	15	<input type="checkbox"/> Energy level <input type="checkbox"/> Showmanship <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
SYNCHRONIZATION 15	Precision, timing, Unique combination of skills	15	<input type="checkbox"/> Timing <input type="checkbox"/> Precision <input type="checkbox"/> Skill Combos	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
TOTAL SCORE					
100					

DUO TUMBLING SCORE SHEET

DUO

**Christian
Cheerleaders
of America**



Judge: _____

Event: Regionals
Classics
Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
CHEER / MUSIC MOTIONS 15	Creativity	7	<input type="checkbox"/> Placement <input type="checkbox"/> Sharpness <input type="checkbox"/> Variety	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	8			
JUMPS 15	Difficulty / Variety	7			<input type="checkbox"/> Technique <input type="checkbox"/> Height <input type="checkbox"/> Landing
	Execution	8			
STANDING TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Technique <input type="checkbox"/> Incorp <input type="checkbox"/> Landing	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
RUNNING TUMBLING 10	Difficulty / Variety	5			<input type="checkbox"/> Technique <input type="checkbox"/> Incorp <input type="checkbox"/> Landing
	Performance	5			
CHOREOGRAPHY 10	Creativity, Variety Use of skills, music & floor	10	<input type="checkbox"/> Visuals / Levels <input type="checkbox"/> Use of music <input type="checkbox"/> Use of skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
CROWD APPEAL 10	Genuine spirit, Crowd oriented material	10	<input type="checkbox"/> Spirit <input type="checkbox"/> Facials <input type="checkbox"/> Crowd Oriented	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
OVERALL 15	Energy level, Showmanship, Perfection of routine	15	<input type="checkbox"/> Energy level <input type="checkbox"/> Showmanship <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
SYNCHRONIZATION 15	Precision, timing, Unique combination of skills	15	<input type="checkbox"/> Timing <input type="checkbox"/> Precision <input type="checkbox"/> Skill Combos	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

TOTAL SCORE
100

STUNT -A-THON / PARTNER STUNT SCORE SHEET

STUNT-A-THON
PARTNER

**Christian
Cheerleaders
of America**



Judge: _____
Event: Classics
Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
PARTNER STUNTS 15	Variety Difficulty Performance	15	<input type="checkbox"/> Variety <input type="checkbox"/> Difficulty <input type="checkbox"/> Execution	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
TOSSES 15	Variety Difficulty Performance	15	<input type="checkbox"/> Height <input type="checkbox"/> Form in air <input type="checkbox"/> Variety	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
CRADLES / DISMOUNTS 10	Variety Difficulty Performance	10	<input type="checkbox"/> Timing <input type="checkbox"/> Form in air <input type="checkbox"/> Variety	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
TRANSITIONS 10	Variety Difficulty	10	<input type="checkbox"/> Variety <input type="checkbox"/> Smooth Flow	<input type="checkbox"/> <input type="checkbox"/>	Tr
VERSATILITY / NUMBER OF STUNTS 10	Variety Use of members Number of stunts performed	10	<input type="checkbox"/> Versatility <input type="checkbox"/> Flexibility of group <input type="checkbox"/> # of stunts	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	#
EXECUTION OF TECHNIQUE 10	Clean, safe, appropriate for level	10	<input type="checkbox"/> Precision <input type="checkbox"/> Clean <input type="checkbox"/> Safe	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
CHOREOGRAPHY 15	Creativity, Variety Use of skills & music	15	<input type="checkbox"/> Visuals / Levels <input type="checkbox"/> Use of music <input type="checkbox"/> Use of skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Ch
OVERALL 15	Energy level, Showmanship, Perfection of routine	15	<input type="checkbox"/> Spirit / Energy <input type="checkbox"/> Showmanship <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

TOTAL SCORE
100

EMPOWER DIVISION SCORE SHEET

EMPOWER

Christian Cheerleaders of America



Judge: _____
 Event: Regionals
 Classics
 Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
CHEER MOTIONS 10	Creativity	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Placement <input type="checkbox"/> Sharpness	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
MUSIC MOTIONS 10	Originality	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Precision <input type="checkbox"/> Use of music	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
JUMPS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Height <input type="checkbox"/> Form in air <input type="checkbox"/> Landings	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
PARTNER STUNTS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
PYRAMIDS &/OR TOSSES 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts / Ht	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Incorporation	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
TRANSITIONS 10	Seamless flow of routine, Spacing, Timing	10	<input type="checkbox"/> Smooth Flow <input type="checkbox"/> Use of floor <input type="checkbox"/> Formations	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Tr
CHOREOGRAPHY 10	Creativity, Variety Use of skills, music & floor	10	<input type="checkbox"/> Visuals / Levels <input type="checkbox"/> Use of music <input type="checkbox"/> Use of skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Ch
CROWD APPEAL 10	Crowd oriented material, Genuine spirit	10	<input type="checkbox"/> Spirit <input type="checkbox"/> Voices <input type="checkbox"/> Crowd Oriented	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
OVERALL 10	Energy level, Showmanship, Perfection of routine	10	<input type="checkbox"/> Energy level <input type="checkbox"/> Showmanship <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

TOTAL SCORE
100

Revised: 10/10/11

★ ALL STAR DIVISION SCORE SHEET



ALL STAR

Christian Cheerleaders of America



Judge: _____

Event: Regionals

Classics

Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
MOTIONS / DANCE 10	Creativity	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Placement <input type="checkbox"/> Tightness	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
JUMPS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Height <input type="checkbox"/> Form in air <input type="checkbox"/> Landings	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
PARTNER STUNTS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
PYRAMIDS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
TOSSES 10	Difficulty	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Height	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
STANDING TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Incorporation	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
RUNNING TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Incorporation	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
TRANSITIONS 10	Seamless flow of routine, Spacing, Timing	10	<input type="checkbox"/> Smooth Flow <input type="checkbox"/> Use of floor <input type="checkbox"/> Formations	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Tr
CHOREOGRAPHY 10	Creativity, Variety Use of skills, music & floor	10	<input type="checkbox"/> Visuals / Levels <input type="checkbox"/> Use of music <input type="checkbox"/> Use of skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Ch
OVERALL 10	Energy level, Showmanship, Perfection of routine Uniformity	10	<input type="checkbox"/> Spirit / Energy <input type="checkbox"/> Crowd Appeal <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

TOTAL SCORE
100

Revised: 10/10/11

COLLEGE DIVISION SCORE SHEET

COLLEGE

**Christian
Cheerleaders
of America**



Judge: _____

Event: Regionals
Classics
Nationals

CATEGORY	BREAK DOWN	SCORE	STRONG AREA	NEEDS WORK	OTHER COMMENTS
MOTIONS / DANCE 10	Creativity	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Placement <input type="checkbox"/> Tightness	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
JUMPS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Height <input type="checkbox"/> Form in air <input type="checkbox"/> Landings	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Execution	5			
PARTNER STUNTS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
PYRAMIDS 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Dismounts	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
TOSSES 10	Difficulty	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Height	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
STANDING TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Incorporation	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
RUNNING TUMBLING 10	Difficulty / Variety	5	<input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Incorporation	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
	Performance	5			
TRANSITIONS 10	Seamless flow of routine, Spacing, Timing	10	<input type="checkbox"/> Smooth Flow <input type="checkbox"/> Use of floor <input type="checkbox"/> Formations	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Tr
CHOREOGRAPHY 10	Creativity, Variety Use of skills, music & floor	10	<input type="checkbox"/> Visuals / Levels <input type="checkbox"/> Use of music <input type="checkbox"/> Use of skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Ch
PERFORMANCE 10	Energy level, Showmanship, Perfection of routine Uniformity	10	<input type="checkbox"/> Spirit / Energy <input type="checkbox"/> Crowd Appeal <input type="checkbox"/> Perfection of Routine	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

TOTAL SCORE
100

Revised: 10/10/11

